

OCSSAA Past Champions		
Cross Country		
Year	Male Team Champions	Female Team Champions
2019	Guido	Emmanuel
2018	Smithville	Emmanuel
2017	Hamilton	Emmanuel
2016	Smithville	Emmanuel
2015	Unity Christian	
2014	Unity Christian	
2013	Unity Christian	
2012	London	
2011	Guido	
2010	Guido	
2009	Unity Christian	
2008	Chatham	
2007	Chatham	
2006	not on trophy	
2005	Quinte Christian	
2004	Quinte Christian	
2003	Quinte Christian	
2002	Quinte Christian	
2001	Smithville	
2000	plaque with only a year, no school name	
1999	Heritage	
1998	Smithville	
1997	Chatham	
1996	plaque with only a year, no school name	
1995	Chatham	
1994	Smithville	
1993	Woodland	
1992	Hamilton	
1991	Woodland	
1990	Woodland	
1989	Hamilton	
1988	Woodland	
1987	Hamilton	
1986	Hamilton	

1985	Smithville	
1984	Hamilton	
1983	Toronto	
1982	Toronto	
1981	Toronto	
1980	Hamilton	
1979	Hamilton	
1978	Toronto	
1977	Hamilton	
1976	Toronto	
1975	Toronto	
1974	London/Beacon	
1973		
1972		
1971	Hamilton	
1970	Hamilton	